

03/03/10

From:

Clifford R. Sipple
P.O. Box 11830
Conway, Ar. 72034

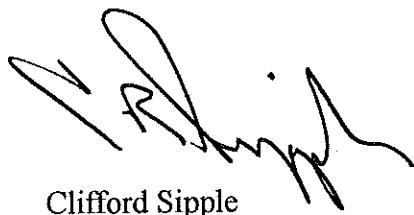
To whom it may concern:

My name is Clifford Sipple and I reside in Conway Arkansas. I am a member of Life Force International and I have a customer/member by the name of Mike [redacted] [redacted] ite.

Mr. [redacted] te is a 55 yr. old male and works for the railroad out of Little Rock. He describes himself as a "severe diabetic." Shortly after his lab work on 07/08/09, he started on a very small dosage of Body Balance. I was very concerned that he might de-tox too much so I made sure he started out very slowly. Didn't want to scare him off. Please reference enclosed lab reports (2). Approx. 2 ½ months later, Sept. 24, 2009 to be exact, he had another round of lab tests. Of particular importance, please note the decrease in his Trigs and Cholesterol. He reports to me that no other changes were made – just the addition of the daily Body Balance.

1. [redacted] reports to me that: " he feels much better and has had more energy than he can ever remember." As of this writing, he is still on about 4 oz. / day of Body Balance.

Please be guided accordingly,



Clifford Sipple

TEST REPORT FOR: _____ DOB 10/2/55 DATE 7-8-09

	NORMAL*	STABLE*	ABNORMAL	COMMENTS:
ESR	_____	_____	_____	_____
BLOOD SUGAR (GLUCOSE)	_____	_____	_____	_____
COMPLETE BLOOD COUNT	✓	_____	_____	_____
POTASSIUM	✓	_____	_____	_____
LIVER FUNCTIONS	✓	_____	_____	_____
PSA (PROSTATE SPECIFIC ANTIGEN)	_____	_____	_____	_____
SERUM KIDNEY FUNCTION	✓	_____	_____	_____
STOOL FOR OCCULT BLOOD	_____	_____	_____	_____
THYROID	_____	_____	_____	_____
URIC ACID LEVEL	_____	_____	_____	_____
URINALYSIS	_____	_____	_____	_____
CULTURES	_____	_____	_____	_____
THYROID	_____	_____	_____	_____
OTHER	_____	_____	_____	_____

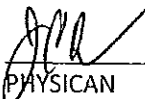
- I. H. PYLORI _____ POS or NEG _____
- II. PAP SMEAR _____ NORMAL _____ SCHEDULE YEARLY EXAM _____ CALL TO SCHEDULE APPOINTMENT _____
- III. PROTHROMBIN TIME (Coumadin level) _____ NORMAL, THERAPEUTIC, NO CHANGE, CHANGE IN THERAPY RECOMMENDED _____
- IV. DIGOXIN-LEVEL _____ THERAPEUTIC or ABNORMAL _____
- V. HB A1C (a measure of blood sugar control) 11.0 (Average Blood Sugar) 300
- A. LESS THAN 6.5
 - B. GREATER THAN 6.5 (associated with increased complications of diabetes)
 - C. NO CHANGE IN MEDICATION BUT GREATER ATTENTION TO DIET, EXERCISE, AND MAKE SURE YOU ARE TAKING YOUR MEDICATION APPROPRIATELY.
 - D. MEDICATION CHANGES ARE NECESSARY TO REDUCE YOUR COMPLICATIONS ASSOCIATED WITH DIABETES. PLEASE, CALL THE OFFICE TO SCHEDULE APPOINTMENT TO DISCUSS YOUR RESULTS.

- VI. LIPIDS
- A. THE TOTAL CHOLESTEROL LEVEL WAS 340 (Goal of less than 200)
 - B. THE TRIGLYCERIDE LEVEL WAS 2440 (Goal of less than 160 Best is less than 100)
 - C. THE HDL CHOLESTEROL (Good Cholesterol) WAS 23 (Increased risk if less than 40, Decreased risk if greater than 60).
 - D. THE LDL CHOLESTEROL (Bad Cholesterol) WAS _____ (Goal is less than 100, less than 70 if coronary heart disease or diabetes is present)
- _____ AT THESE LEVELS, I WOULD NOT RECOMMEND STARTING NEW MEDICATION BUT WOULD RECOMMEND MORE ATTENTION TO A LOW SATURATED FAT DIET AND REGULAR EXERCISE.
- AT THESE LEVELS, I WOULD RECOMMEND MEDICATION. PLEASE CALL THE OFFICE TO SCHEDULE APPOINTMENT.
- _____ I WILL PLAN ON REPEATING A FASTING LIPID PROFILE IN (_____) MONTHS

ADDITIONAL: _____

BANISTER LIEBLONG CLINIC
2425 DAVE WARD DR. SUITE 401
CONWAY, AR 72034
501-329-3824

PLEASE CALL TO
SCHEDULE APPOINTMENT
IN _____ MONTHS/WEEKS


PHYSICIAN

*NORMAL MEANS NO SIGNIFICANT ABNORMALITY
*STABLE MEANS TEST IS ABNORMAL, BUT NOT SIGNIFICANTLY CHANGED FROM YOUR PREVIOUS VALUES.

IF YOU HAVE QUESTIONS ABOUT THE ABOVE, WE CAN DISCUSS THIS AT YOUR NEXT APPOINTMENT
OR IF YOU PREFER, PLEASE ARRANGE A SOONER APPOINTMENT TO DO THIS.

TEST REPORT FOR: _____ DOB 10/2/55 DATE 9/24/09

	NORMAL*	STABLE*	ABNORMAL	COMMENTS:
ESR	_____	_____	_____	_____
BLOOD SUGAR (GLUCOSE)	_____	_____	_____	_____
COMPLETE BLOOD COUNT	_____	_____	_____	_____
POTASSIUM	✓	_____	_____	_____
LIVER FUNCTIONS	✓	_____	_____	_____
PSA (PROSTATE SPECIFIC ANTIGEN)	_____	_____	_____	_____
SERUM KIDNEY FUNCTION	✓	_____	_____	_____
STOOL FOR OCCULT BLOOD	_____	_____	_____	_____
THYROID	_____	_____	_____	_____
URIC ACID LEVEL	_____	_____	_____	_____
URINALYSIS	_____	_____	_____	_____
CULTURES	_____	_____	_____	_____
THYROID	_____	_____	_____	_____
OTHER	_____	_____	_____	_____

I. H. PYLORI _____ POS or NEG
 II. PAP SMEAR _____ NORMAL _____ SCHEDULE YEARLY EXAM _____ CALL TO SCHEDULE APPOINTMENT
 III. PROTHROMBIN TIME (Coumadin level) _____ NORMAL, THERAPEUTIC, NO CHANGE, CHANGE IN THERAPY RECOMMENDED
 IV. DIGOXIN-LEVEL _____ THERAPEUTIC or ABNORMAL
 V. HB A1C (a measure of blood sugar control) 10.3 (Average Blood Sugar) 257

- A. LESS THAN 6.5
- B. GREATER THAN 6.5 (associated with increased complications of diabetes)
- C. NO CHANGE IN MEDICATION BUT GREATER ATTENTION TO DIET, EXERCISE, AND MAKE SURE YOU ARE TAKING YOUR MEDICATION APPROPRIATELY.
- D. MEDICATION CHANGES ARE NECESSARY TO REDUCE YOUR COMPLICATIONS ASSOCIATED WITH DIABETES. PLEASE, CALL THE OFFICE TO SCHEDULE APPOINTMENT TO DISCUSS YOUR RESULTS.

Will discuss next wk when you come back in.

VI. LIPIDS

- A. THE TOTAL CHOLESTEROL LEVEL WAS 264 (Goal of less than 200)
- B. THE TRIGLYCERIDE LEVEL WAS 1102 (Goal of less than 160 Best is less than 100)
- C. THE HDL CHOLESTEROL (Good Cholesterol) WAS 34 (Increased risk if less than 40, Decreased risk if greater than 60).
- D. THE LDL CHOLESTEROL (Bad Cholesterol) WAS _____ (Goal is less than 100, less than 70 if coronary heart disease or diabetes is present)

_____ AT THESE LEVELS, I WOULD NOT RECOMMEND STARTING NEW MEDICATION BUT WOULD RECOMMEND MORE ATTENTION TO A LOW SATURATED FAT DIET AND REGULAR EXERCISE.
 AT THESE LEVELS, I WOULD RECOMMEND MEDICATION. PLEASE CALL THE OFFICE TO SCHEDULE APPOINTMENT.

_____ I WILL PLAN ON REPEATING A FASTING LIPID PROFILE IN (_____) MONTHS

ADDITIONAL: Mike, we will need to discuss starting meds to lower your lipids when you come in next wk.

BANISTER LIEBLONG CLINIC
 2425 DAVE WARD DR. SUITE 401
 CONWAY, AR 72034
 501-329-3824

PLEASE CALL TO
 SCHEDULE APPOINTMENT
 IN _____ MONTHS/WEEKS

JDC

 PHYSICIAN

*NORMAL MEANS NO SIGNIFICANT ABNORMALITY
 *STABLE MEANS TEST IS ABNORMAL, BUT NOT SIGNIFICANTLY CHANGED FROM YOUR PREVIOUS VALUES.
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